



Help, Care, Fear, and Disability January 11, 2026

Gathering of Community

Music for Gathering

Opening Words

Rev. Rachel Lonberg

Words of Welcome

Gordon Bolar

Announcements

Rev. Rachel Lonberg

Special Auction Announcement

Sharon Sauter and Donna Kaye

Introit

'Gathered Here' (#389)

Chalice Lighting

Gordon Bolar

If you are lighting a chalice at home, you are encouraged to type in the chat box 'A chalice is lit in (your neighborhood/city/street).'

Words: 'Struggle and Joy' by Vance Bass

Affirming our Connections

Time for All Alfred Nobel's Amends

Rev. Rachel Lonberg

Children and Teacher Recessional

'Go Forth' (Ramsey/Drake)

Go forth in peace, in search of wisdom,

With love to guide you on your way

And may the joy of life surround you

Wherever you may go.

Offering

Rev. Rachel Lonberg

Support the good and important work of People's Church:

www.tinyurl.com/givetopeoples

Offertory



Giving Thanks for All That Sustains Us

Gordon Bolar

*From the countless gifts we each have been given,
gifts of life and love and sustenance,
we bring these small portions to share in the works of love
which none of us can accomplish alone.*

Joys and Sorrows

Rev. Rachel Lonberg

Sung Response

'There is a Love' (Parker/Norton)

Searching for Wisdom and Inspiration

Silent Meditation

Readings

'The Prophecy of the Disabled Body'

from the 2018 Report of the Unitarian Universalist Ministers

Association Ableism Task Force

'You Get Proud by Practicing' by Laura Hershey

'How to Survive the Apocalypse' by Sean Parker Dennison

Music

'Lean on Me' (#1021)

Sermon

Rev. Rachel Lonberg

Returning to the World

Closing song

'From You I Receive' (#402)

Closing words

Rev. Rachel Lonberg

Postlude

Rev. Rachel's learning and thinking about disability has been shaped by:

Disabled folks who share their stories with her, and

A Disability History of the United States by Kim E. Nielsen

Loving Our Own Bones: Disability Wisdom and the Spiritual

Subversiveness of Knowing Ourselves Whole by Julia Watts Belser

Unfit Parent: A Disabled Mother Challenges an Inaccessible World by

Jessica Slice