



A Member Congregation of the Unitarian Universalist Association

Volume 85, Issue 2

October 2023

Sunday Services—10:45 a.m.

The Zoom link for People's Church services is: https://uuma.zoom.us/j/5527667326 or By phone: I-646-876-9923, ID: 552 766 7326

October I Pride and Joy

This service will be a mini-pride celebration, featuring performances and a reflection from The Kittens Drag group. Come celebrate gender expression in all its forms and our Unitarian Universalist belief that all are worthy of care and respect, just as they are. Please note: in-person attendees are encouraged to bring small (or large) bills to hand to the performers as tips. That is part of the fun of a drag show.



Because of the way drag performers have been targeted by Christian nationalists, we are not allowing photographs or video recording during the service, except by the performers themselves. We will have other enhanced security measures in place as well. At the time of this writing, we are not aware of any threats to disrupt or protest this service. We will continue to monitor this situation and let the congregation know if protests or disruptions seem likely.

October 8 Coming of Age Again... and Again... and Again Rev. Rachel Lonberg

On this first Sunday of our religious education program for children and youth, Rev. Rachel will remind us that religious growth and learning does not end when adulthood begins. This service will also include the commissioning of our religious education teachers and invitations to some of the programs for spiritual growth for adults in our congregation, including the Coming of Age for



Youth and Adults class that will begin after the service. October 15 The Presence of Equity when Building the Beloved Community Dr. Charlae Davis

Dr. Martin Luther King Jr. spoke of The Beloved Community, a place where every individual is held as beloved. What exactly does this mean, how is this done and why is equity work vital when Building the Beloved Community? The service this day will be led by Dr. Charlae Davis, the executive director of ISAAC, the congregation-based community organizing effort People's Church is part of, alongside 30 other congregations and organizations. Dr. Davis is a Kalamazoo native and has been the executive director of ISAAC since 2014. She has a doctorate degree in education policy from Michigan State University.

Worship Descriptions Continued on Page 2



1758 North Tenth St. Kalamazoo, MI 49009 Phone: 269-375-3262 Fax: 269-375-3270 office@peopleschurch.net

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Worship Descriptions Cont. October 22 S'More Rev. Rachel Lonberg



Last spring, the members of People's Church passed a budget with a supplementary stewardship campaign. The time has come to make good on that past commitment, live into our integrity, and keep the flame of People's Church growing. The service will be followed by a s'mores party at the fire pit, weather permitting.

October 29 Frankenstein, Artificial Intelligence, and Other Monsters Rev. Rachel Lonberg

In the summer of 1816, a group of young adults started telling each other scary stories. Mary Shelley was one of those young adults — and the story she created was later published as Frankenstein, or The Modern Prometheus, one of the first science fiction novels. In the spirit of Halloween, Rev. Rachel will look at this gothic monster story and the lessons it has for our modern moment. (Hint: the monster in the novel is the inventor, not the being he creates.)



Fall Stewardship Campaign October 22-November 5

Last spring, church members passed a budget that included a \$40,000 special campaign in the fall. It's now the fall and we will be asking People's people to be generous, once again. The short campaign kicks off on October 22. Please be generous and support the good and important work of this church.



New Preparedness Policy

At their meeting on September 5, the Board of People's Church adopted a new Preparedness Policy as part of ongoing efforts to make People's Church a safer place for our members, visitors, and children. The Board has also identified Prepared-

ness as a major emphasis for the coming year.



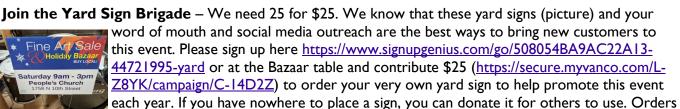
As a result, People's Church is now enlisting volunteers for a Safety Team and a Medical Preparedness Team (for those with some medical training) to address and assist in emergency situations. Team members would commit to serving on the team during selected Sundays of their choosing. Training and orientation will be provided for team members as needed. Gordon Bolar, church staff and other members of the Preparedness team will be recruiting members for these teams during the next few weeks. Please give consideration to serving on the Safety Team or the Medical Preparedness team if you are contacted. The new Preparedness Policy is currently on our website and can be viewed here: https://peopleschurch.net/about-us/policies-governance/

Our Best Bazaar Ever in the Making - Find Out How You Can Join in Now!

Saturday, November 18th from 9:00 to 3:00 will be our 21st Annual People's Church Fine Art Sale & Holiday Bazaar, our largest church fundraiser. Our building will be transformed into a beautiful holiday shopping experience. We expect several hundred people to come through our doors to join us in shopping for unique gifts from 25 local artists and vendors, buying our famous pasties and tables of delicious specialties and crafts that you prepare and contribute. Please check out all the sign-up opportunities on the Bazaar table in the foyer and on-line and find a spot that interests you. Here are some needing volunteers now:

Make Pasties with Chef Bob. October is our big month for making these top sellers. No previous experience necessary. Meet other People's people and help make our famous pasties. As of the writing of this, there are still openings the weekends of Oct. 6&7, Oct. 13&14 and Oct. 20&21. Sign up here: https://www.signupgenius.com/go/508054BA9AC22A13-pasty#/

Make Swedish Limpa Bread with Martha. Don't miss this opportunity! Martha Beverly is offering 3 workshops to teach you how to make our other top seller in her home (near Friendship Village). Sign up early - last year the spots filled up fast! Sign up here: https://www.signupgenius.com/go/508054BA9AC22A13-44516194-limpa#/ Wednesday Oct. 11, 6-9pm, Saturday Oct. 14, 1-4pm & Thursday Oct. 26, 6-9pm



accepted until October 22nd.

Chutney - a holiday specialty that always sells out - will again be made in the church kitchen in November to coincide with the availability of local cranberries. Sign-ups for two sessions will be available soon!

Assemble Decorative Jars of Bean Soup Mix. Enjoy good company while you spend 2 hours helping to support the Bazaar. 4 slots available on Sunday, October 22th 12-2 after church. Sign up here: https://www.signupgenius.com/go/508054BA9AC22A13-44721805-bean#/

Other Things to Note.

- It's not too early to plan what you can bake or make for our People's Specialties tables. This is how the church makes money on the Bazaar and we always sell out! Sign-up sheets by categories of items are available here. If you want to offer a workshop for a craft or food specialty you think would sell well, please contact Melissa, our administrator, and she will connect you with the right folks.
- We will not be offering the Café in the Commons again this year, to devote more space to our artists and vendors. As a courtesy to the artists and vendors and our Bazaar volunteers, we will offer a minicafé in the rear of the church with a limited menu of items for sale. Please note that this is not being offered for general use or for the public.
- Start Promoting the Bazaar! Please share our Bazaar date with friends, family, neighbors, co-workers, and networks. Invite them to meet you to shop locally. Flyers and social media resources will soon be available.
- Look for many more volunteer opportunities coming in November's newsletter, Friday emails *This Week at People's Church*, and on the sign-ups on the Bazaar table in the foyer and on-line. Thank you!

ISAAC Update

On Saturday, September 9th, 20 People's people showed up to represent People's Church and support the good work of ISAAC at the annual Walk/Run/Roll event. It was a gorgeous day at Spring Valley Park, where we joined with many others in building the Beloved Community. The event was made even more special in two ways. We were very proud to be on hand to see Rev. Rachel receive the Clergy of the Year Award for "being a Clergy who, as we say, practices what she preaches. A Clergy of a longtime ISAAC member congrega-



tion, she is committee ing inequities and le out this journey of e cacy, the healing who pression or being tentionality and hop but a way of living!" And we were surp

tion, she is committed to creating loving and inclusive spaces for all. She believes in challenging inequities and leans into discomfort while addressing systems of oppression. She walks out this journey of equity with others while engaging in ongoing learning. Whether it is advocacy, the healing whiteness cohort, social justice work, addressing white supremacy, isms and oppression or being an effective ally, she leads by example, stepping into this work with intentionality and hope. For this Clergy, Building the Beloved Community are not only words,

And we were surprised and delighted to accept on behalf of our congregation, the Courage Award,

for "your exceptional support of our work together to build the Beloved Community. For your commitment to social justice, and your active participation in every part of our work to create equity, anti-racism, community engagement and inclusion, while building a place where all are held as



Beloved. For your exemplary actions, not mere words, and for putting faith and consciousness into action!"

We are deeply grateful! Congratulations to everyone and thank you for helping sponsor this beautiful cover ad for the event resource book, designed by Melissa, our multi-talented administrator



Please watch for publicity to come in our newsletter and social media announcing the date, location, and details for ISAAC's next Issues Convention. This important gathering of all ISAAC congregations and member organizations, held every two years, is where we meet to hear about critical social justice issues currently facing our community that are being proposed for the next 2-year cycle of ISAAC's work. We will then vote to select three and have an opportunity to join the formation of new Task Forces to begin the work.

Special Collection: Care Collective of Southwest Michigan Sunday October 8

This organization was suggested to our congregation by our People's Church youth Tea Wadsworth-Curcuru.

Care Collective of Southwest Michigan provides free diapers and period supplies to young people in our community. These products are essential for health and well-being, but half of children in Kalamazoo live in households with an income too low to meet their basic needs. Care Collective

prioritizes BIPOC, LGBTQIA+, and immigrant youth and caregivers in their work. In addition to financial contributions, we will be running a period product drive from October 8-22. Please donate period products for local youth.

New Website is Now Live!



The church website, peopleschurch.net has been completely rebuilt and after some technical delays, I'm delighted to announce that it's finally up and running! Feel free to check it out! Please note that access is restricted to the church directories in order to protect our members privacy. Unlike our previous website, there is no generic login, all users must make their own account! All requests to create an account will be reviewed by an administrator in order to protect the privacy of our members. All accounts must

be approved before access is granted to these documents.

The Stories of People's People

The newly rebuilt website has an area for personal testimonials/stories from People's People. If you would like to share something about why you love People's Church, please email it to Melissa at office@peopleschurch.net. For space reasons, please keep any testimonials no longer than 1-2 paragraphs. For privacy, unless requested other-

wise, testimonials will be credited with the person's first name and last initial.



Afghan requests



Our Afghan Resettlement Team has gotten a request for a math tutor from one of our high school girls for tutoring Algebra 2. She lives in Candlewyck Apartments and does not have transportation.

A 12 year old Afghan boy has requested a hand weight set. If you have one you are no longer using please consider donating your set.



Contact Ann Feldmeier at 269-720-1649 or <a href="mailto:email

Lincoln School's Kid's Closet Needs

We have received a request from the Communities in Schools Kids Closet for donations of clothing and shoes. They need boys and girls sweaters and shoes. The sizes needed are boys tennis shoes are size 3, 4, & 5 and girls tennis shoes sizes 1, & 5. Also woman sweatshirts or sweaters size L & XL. If you wish to donate any of these needed items, please bring them to church to Rev. Rachel's office.

Alternately, donations of Walmart Gift Cards are very welcome so that Joseph, the CIS Lincoln representative, can purchase the needed clothing items and shoes.



Green Spot

Rain garden workers needed!

To make this rain garden a reality, we need people to help maintain the garden for the first year or so. The maintenance

would involve watering and weeding as needed, between about the end of March and the first frost. The garden will be approximately 8'X8', so it won't be a monumental task, but the work will be easier and more fun when shared. We already have one maintenance volunteer but need several more. Without enough inter-



est, it really doesn't make sense to have a rain garden at this time. We want to be sure that once it is created we have the

means to properly maintain it. Please look for Kimberly Ginn, Connie Ferguson, or Sue Salvat at church on Sundays to sign up for these tasks or send an email to one of us. Working with fellow church members is always a good time!



Fall Is Coming

The Green Sanctuary Committee of People's Church is once again sponsoring the Fall Clean-Up of 10th Street from West Main to H Street on Sunday, October 29 from 1:00 to 3:00 pm. A light lunch will also be provided for volunteers. So come and help pick up the trash along 10th Street to beautify our Church neighborhood. Youth are encouraged to volunteer, but parental permission forms are required for those between 12 and 18 years of age. Please email Allan Hunt (hahunt@gmail.com) if you need a form.

People's Labyrinth

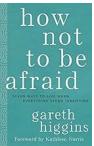
I'm Ian Webster, a scout with Troop 205 in Kalamazoo, and I'm working on my Eagle project. The project is to renew our labyrinth and make future upkeep easier. I am seeking volunteers and donations. The funds go directly to People's and any remainder will go to Building & Grounds. Please see me on Sunday, donate to People's with the memo "Eagle project", or send an email to Mary Kate Webster, tomandmarykate@gmail.com. The times we plan on working are as follows:

- Saturday 9/30 from 12:30 pm 4:30 pm
- Sunday 10/1 from 12:30 3 pm
- Tuesday 10/3 from 4 pm 7 pm
- Sunday 10/15 from 12:30 pm 3 pm The times are flexible, so people are able to come and go as they please. Bring long pants, gloves, and gardening tools if you can. I hope to see you there!



Library Corner

How Not to Be Afraid: Seven Ways to Live When Everything Seems Terrifying by Gareth Higgins

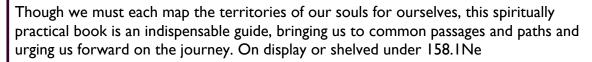


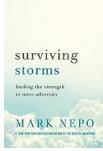
The world seems terrifying. Whether your fear is about violence, shame, illness, money, meaning, or the collapse of certainty, you are not alone. Yet the power of the fear we feel depends on the story we tell about fear. Fight, flee, or freeze: are these are only options?

Higgins points us toward tenderness, empathy, and gentle encounter with each other and with our deepest and most relentless fears. He shows us how we can replace our narratives of fear and cynicism with better stories. Peace is the way to itself, he reveals, and when we choose this path, our lives will never be the same. On display or shelved

under 152.46 Hi

Surviving Storms: Finding the Strength to Meet Adversity by Mark Nepo We live in a turbulent time. Storms are everywhere, of every size and shape. And like every generation before us, we must learn the art of surviving them, so we can help each other endure.





Questions/ comments are welcomed. Please contact Lois Loeffler, chair of the Library Committee, at loisloeffler@gmail.com.

How to Search the People's Church Library Catalog from Home

The instructions below are listed on the People's Church website (peopleschurch.net). You can find them here: https://peopleschurch.net/engage-with-us/church-library-catalog/

Go to www.librarything.com/catalog/peopleschurchofkzoo

Decide which collection you'd like to search (Examples: Main Church Library=adult titles; RE Library=children's titles) and select it from the list in the upper left.

Near the upper right in the box next to the yellow word 'Search', enter a title or author or simple desired topic.

Use the book's Dewey call number in the left hand column to locate the book in People's library. People's Library collection is located in the upper foyer to the left of the door into the Commons. The books are divided into Main Church Library (adult) and RE Library (children's).

The Main Church Library begins to the left of the middle of the back wall and continues (left to right, in ascending Dewey call numbers) across

the aisle to the right end of the low bookshelves and then around to the front of the bookcase, ending with B (biographies).

The RE Library begins in the middle of the front side of the low bookshelves, ending with RE picture books and fiction (J).



RE Fall Launch

We are excited to welcome children and youth into our religious education program to begin another **fun and adventure** filled year together.

Our aspiration is to provide an **open hearted, loving** environment for our children and youth to feel safe enough to bring their whole selves to church each week. We want each person to leave church on Sunday feeling seen, heard, acknowledged and valued. We hope participants will have experienced opportunities to learn, grow and connect as well, but that is frosting on the cake of feeling valued.

One of the best ways that families can increase the likelihood that children and youth will feel connected at church is by prioritizing **consistent attendance**. When weekly participation is a given, it minimizes struggles and tends to increase enjoyment. Kids usually look forward to seeing their friends, peers and adult leaders and helpers each week.

The **atmosphere of caring** we consciously create flourishes as trust grows and deepens. As we settle into the weekly routine of chalice lighting, check in and lessons, deeper questions and sharing emerge.

As kids explore the "**Toolbox of Faith**" lessons, they will be invited to reflect on qualities of our Unitarian Universalist faith, such as integrity, courage, and love, as tools they can use in living their daily lives as their faith develops.

Blessed Be, Diane Melvin, Religious Education Director

High School Youth—YRUU

First Sundays - Help with Specialty Classes during church and participate in Coming of Age for youth and adults afterward church.

Ist Coming of Age Class - Oct 8th 12:30-2:30

First Sundays of each month through May 12:30-2:30

Second Sundays - High school Youth Group

during church in Room L-I (with donuts).

3rd & 4th Sundays - options include helping the children's RE classes or attending the worship service.



Elementary Sleep Over & Haunted House

Friday November 3rd—6:00pm A family potluck will kick off this fun night. Keep your eye on the weekly email for more details.

Middle School OWL

Our Whole Lives sexuality education for 7-8th graders, the cornerstone of our lifespan program, kicks off this month.

Mystic Lake Middle School UU Retreat Oct. 20-22

All 6-8th graders are invited to participate in this fun weekend up north with UU youth from churches all over the Midwest. Enjoy bonfires, challenge course, hiking, UU youth worship, laughter and games. Registration and details here: https://peopleschurch.net/news/mystic-lake-middle-school-retreat/



Coming Out Day Social – Everyone Deserves to be Celebrated Wednesday October 11,6-8pm

Phoenix Community Church UCC, 2208 Winchell Ave, Kalamazoo

Come one, come all to a social on National Coming Out Day. There will be food, conversation, and coming out stories. This event is sponsored by the Faith Alliance of OutFront Kalamazoo and Rev, Rachel is serving as the master of ceremonies.



Art Wall Exhibit for September and October Goddess Galore, You and Me Sister Susan Teague, artist

This art exhibit celebrates the contemporary Woman, validating her spectacular humanness as a champion in her everyday story, recognizing her core essence as a

Universal Goddess. These charming and wittily named Goddesses are all made entirely from colored tissue paper and glue with no paint. These works explore roles, expectations and identities placed on women of today. Susan has incorporated anecdotal stories into a companion book with the art.

Susan's professional career in the Creative Fine Arts spans nearly five decades. Her art exhibitions have traveled throughout the US. She is known for her over 9,000 square feet of painted murals

at Bronson Hospital in Kalamazoo. Currently she is exhibiting images from her cancer journey in the Bronson Cancer Center Gallery that were completed while painting many of the murals.



I Wish Someone Would...

When's the last time you took a look at the 'I Wish Someone Would..."



board?

You can access the board online here: https://padlet.com/PeoplesChurch/ lvo4v0pcvh14ck70

Reminder on how the board works:

- Review ALL of the great ideas posted
- Add your name to the comments if you are willing and able to help make the idea happen
- Hit the heart/like button if you think it's a great idea but aren't able to make it happen.
- Post your own ideas to the board (you can do so anonymously if desired!) because chances are, someone else has had the same idea or there's someone who can help make your idea a reality. Adding an idea does NOT mean you are volunteering to make the idea happen!
- A number of ideas that have been posted on the board have already been implemented and more are in the planning stages and coming soon!

Inquirers Series

Begins Sunday October 29, 12:30-1:30pm, with sessions held every other week until March (with an end-of-year break). In Room 19.

Visitors, newcomers, members, and anyone who wants more information about People's Church are invited to participate in the Inquirers Series.

A light lunch will be provided and childcare is available with one week's notice. The Inquirers series is nine conversations that provide an introduction to our congregation and Unitarian Universalism. Each session is stand-alone; you are welcome to participate in as many as you're able to attend and interested in.

October 29: a Q&A with Rev. Rachel.

November 12: Unitarian Universalist History, Principles, and Sources with Rev. Rachel

November 26: Religious Education for Children and Youth with Diane Melvin

The topics for other sessions will be shared in November.

For more information about this class, or to request childcare, please contact Rev. Rachel at minister@peopleschurch.net or 269-389-9721.

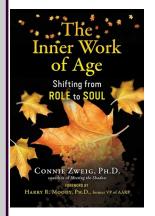
It is helpful for our lunch planning if you register for the sessions that you plan to attend here: https:// www.signupgenius.com/go/508054BA9AC22A13-44518270-inquirers#/ or by contacting Rev. Rachel.



Book Study and Conversation: The Inner Work of Age: Shifting from Role to Soul by Connie Zweig

Third Tuesdays, 1:30-3:00pm, beginning October 17, on Zoom Zoom link: https://uuma.zoom.us/j/5527667326

Join others in the church to talk about aging and living well. We will use The Inner Work of Age: Shifting from Role to Soul as our source for conversation. This book, which is rooted in lungian psychology, offers guidance for getting past inner obstacles and becoming an Elder filled with vitality and purpose. This book is available in paperback, as an e-book, and as an audiobook. (If the cost of the book is a barrier to your participation, please reach out to Rev. Rachel.) For the first session, we will read the introductory sections and chapter I 'Aging from the Inside Out.' If you have questions about this, please reach out



Coming of Age: Discerning Your Values and Beliefs for Adults and Youth 1st class Sunday Oct. 8 12:30-2:30 light lunch provided

Classes offered First Sundays through May from 12:30-2:30

Check out our first Coming of Age class for both Adults and youth. This is a fabulous opportunity for participants to question, ponder, discern, discuss and articulate their personal values and beliefs. As UU's we hold no creeds on what we believe and how best to live, we need to discern that for ourselves. As life

unfolds, opportunities abound to question and re-examine some of the big questions. Guided by Rev. Reachel, Diane Melvin with a team of leaders, opportunities to go deeper will abound through meaningful activities, discussions and sharing. Hope to see you there.



Study Group

The Study Group will be meeting on Monday November 6 at 7:30, via Zoom, to discuss: Chooing Freedom: A Kantian Guide to Life" by Karen Stohr. Stohr is a professor of philosophy at Georgetown. The Study Group meets monthly to discuss a wide variety of books dealing with issues in philosophy, religion, science, history, and current affairs. New members are welcome! For more information, or to get the Zoom address for the meeting, contact Mary Lewis at magelewis@aol.com.

Afternoon Book Club

We have changed our meeting date to the third Monday of the month. We next gather on October 16th when Martha Beverly will lead the discussion of "The Gown" by Jennifer Robson. We meet at the Clubhouse at Friendship Village. Contact Marj Lightner at marjlightner56@gmail.com for more information.



Celeste Ng O JR MISSING HEARTS

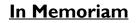
Evening Book Club—Newcomers Welcome!

2nd Thursday of the month, 6-7:30 pm, Home of Lois Loeffer, 6536 Winddrift "Our Missing Hearts" by Celeste Ng will be the topic of our October 12 meeting.. The entire schedule for this church year is at: https://peopleschurch.net/news/evening-book-club-2023-34/ Questions? Feel free to contact Pat Nelson, patnelson348@gmail.com, 269-716-3623

Film Discussion

Breaking news... we will be reviewing "Fences" in October, with Amy Mayer leading the discussion. Beginning in October, the zoom meetings will be on the 3rd Wednesdays of the month, 3-4:30. Films are chosen by the group month-to-month; watch for announcements in the weekly email, or to get on the email list, contact Pat Nelson, patnelson348@gmail.com.







We celebrate the life and mourn the death of People's Church member Clifton Fisher. He died at home under hospice care. Clifton had been a member of People's Church for 50 years. In keeping with his wishes, there will be no obituary or memorial service.

We celebrate the life and mourn the death of People's Church member Ivan Klinesteker. He died under hospice care on September 13, a few weeks before his 97th birthday. Ivan had been a member of People's Church for 61 years. You can read Ivan's obituary here: https://betzlerlifestory.com/obituaries/ivan-klinesteker.144375

A memorial service will be held on Sunday, November 19 at 1:30pm at People's Church, with a visitation beginning at 12:30pm.



Opportunities Abound

Are you willing to be an occasional helper in our preschool classroom on Sunday mornings? Would you serve as a buddy for a child with special needs to help them focus in their class? We can arrange it to fit your schedule preferences. Please Let Diane Melvin know

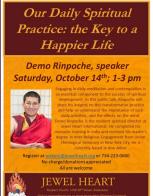


at re@peopleschurch.net.

Cans & Bottle Collection On Pause!

The BLM Mealtrain Kzoo/BC group is putting this can and bottle collection on pause through the winter. The pause will be beginning on October 8th, so please do not bring your cans and bottles to the church after that date! They are hoping to be bringing this back in the Spring. An announcement will be made when they are resuming!





Our Daily Spiritual Practice: the Key to a Happier Life Demo Rinpoche, speaker—Saturday, October 14th; 1-3pm

Engaging in daily meditation and contemplation is an essential component to the success of spiritual development. In this public talk, Rinpoche will share his insignts on this transformative practice and help us understand the importance of such daily activities, and the effects on the mind. Demo Rinpoche is the resident spiritual director at Jewel Heart International. He completed his monastic training in India and received his master's degree in Inter-Religious Engagement from Union Theological Seminary in New York City. He is currently based in Ann Arbor. Register at westmi@jewelheart.org or 734-223-0660. No charge/

donations appreciated. All are welcome!

Upcoming Course
Saturday October 14, 10am-3pm—Limited Space
Here at People's Church
Adult and Pediatric First Aid, CPR & AED Certification
Course

Learn More at www.gaylegoneferal.com





Subscribe

or donate

FULL SCHEDULE

This Month!
Theme: The Stars

Thursday Speakers 6:15-8:15 • Astrology for Wellness with Jill

- Astrology for Wellness with Jill
 Therrien
 Dance of Universal Peace with
- Safira Suga & Jane Sk

 Intro to Family Constellation
- Therapy with Lilita Matison

 The Stars as Allies in Creating a

 New World with Ruth Eichler

And much more! 8 evening education hours/week
13 morning yoga classes
Something for everyone in the family
Laughing yoga, sleepwell yin, Hatha basis, intro to
yoga, Natha chair yoga, pranayama (breathwork), am

yoga, Hatha chair yoga, pranayama (breathw more coming!

Open Mic Poetry Slam last Wed/month

Winter Virus Prevention with Holistic Sciences

This Month! Theme: The Stars

Thursday Speakers: 6:15-8:15

- Astrology For Wellness with Jill Therrien
- Dance of Universal Peace with Safira Suga & Jane Sk
- Intro to Family Constellation Therapy with Lilita Matison

The Stars as Allies in Creating a New World with Ruth Eichler
 And Much More! 8 evening education hours/week + 13 morning yoga classes.

Full Schedule: www.sitawellness.com/9buddhi RSVP: 9buddhi@gmail.com, 269-365-9985

	Volume 05, 13sue 2 Calendar Fage 15				
Day	Date	Event	Time	Place	
Sunday	Oct I	Sunday Service: Pride and Joy	10:45am	Commons & Zoom	
Tuesday Oct 3		Building & Grounds	10:00am	At Church	
	Oct 3	Labyrinth Work Day	4:00pm	At Church	
	Board Meeting	6:30pm	Room 19		
Thursday Oct 5	Bell Choir	5:30pm	Commons		
	Oct 5	RE Committee Meeting	6:30pm	Room 19	
		Choir Rehearsal	7:00pm	Commons	
Friday	Oct 6	Pasty Making	1:00pm	Church Kitchen	
Saturday	Oct 7	Pasty Making	9am & Ipm	Church Kitchen	
		Sunday Service: Coming of Age Again and	10:45am	Commons & Zoom	
Sunday	Oct 8	Again and Again	12.20		
		Coming of Age for All Ages	12:30pm	Room 9 At Church	
Tuesday	Oct 10	Building & Grounds Swedish Limpa Bread making	10:00am		
Wednesday Oct I I	Oct 11	Bazaar Planning Meeting	6:00pm	Martha Beverly's Room 19	
		Bell Choir Rehearsal	6:30pm	Commons	
			5:30pm	Lois Loeffler's	
Thursday	Oct 12	Evening Book Club	6:00pm		
		Choir Rehearsal	7:00pm	Commons	
Friday	Oct 13	Pasty Making	1:00pm	Church Kitchen	
Saturday	Oct 14	Pasty Making	9am & Ipm	Church Kitchen	
		Swedish Limpa Bread Making	I:00pm	Martha Beverly's	
Sunday Oct 15	0-4 15	Sunday Service: The Presence of Equity when Building the Beloved Community	10:45am	Commons & Zoom	
	Oct 15	Labyrinth Work Day	12:30pm	At Church	
		Bean Soup Assembly	12:30pm	Room 19	
Monday	Oct 16	Green Sanctuary	4:00pm	Zoom	
Tuesday Oct 17	Building & Grounds	10:00am	At Church		
	Oct 17	Library Committee	10:00am	At Church	
		The Inner Work of Age	1:30pm	Zoom	
Wednesday	Oct 18	Film Discussion Group	3:00pm	Zoom	
		Afternoon Book Club	1:30pm	Friendship Village	
Thursday	Oct 19	Bell Choir Rehearsal	5:30pm	Commons	
		Choir Rehearsal	7:00pm	Commons	
Friday	Oct 20	Pasty Making	1:00pm	Church Kitchen	
Saturday	Oct 21	Pasty Making	9am & 1pm	Church Kitchen	
Sunday	Oct 22	Sunday Service: S'More	10:45am	Commons & Zoom	
,		S'mores!	12:30pm	Firepit at Church	
Monday	Oct 23	NEWSLETTER DEADLINE			
		Building & Grounds	10:00am	At Church	
Tuesday	Oct 24	Film Discussion Group	3:00pm	Zoom	
		Dismantling Racism Team	6:00pm	Zoom	
Wednesday	Oct 25	Finance Committee	2:30pm	Zoom	
Thursday Oc		Bell Choir Rehearsal	5:30pm	Commons	
	Oct 26	Swedish Limpa Bread Making	6:00pm	Martha Beverly's	
		Choir Rehearsal	7:00pm	Commons	
Friday	Oct 27	Pasty Making	1:00pm	Church Kitchen	
Saturday	Oct 28	Pasty Making	9:00am & 1pm	Church Kitchen	
Sunday	Oct 29	Sunday Service: Frankenstein, Artificial Intelligence, and Other Monsters	10:45am	Commons & Zoom	
		Inquirer's Series	12:30pm	Room 19	
		10th St Clean Up	1:00pm	At Church	
Tuesday	Oct 31	Building & Grounds	10:00am	At Church	
_ Th	ne Full Calend	dar of Events can be viewed online at https	:://peopleschurch.	net/events-2/	