

People's Church
Adult Education Opportunities

Fall/Winter 2015

Mindfulness Meditation Retreats

with Carolyn Heineman
October 10th, December 12th, and January 9th
from 9am – noon, room 19
carolynheineman@aol.com or 269-345-7101

Come join us in mutual support for a time of silence. We will gather for a time that includes sitting meditation, walking meditation, and perhaps a few other practices. See the church website for more details.

Talking Pots

with Martha Beverly
1st Tuesday of each month
People's Church Kitchen, 3pm - 5 pm

Talking Pots is a group that gathers the first Tuesday afternoon of the month in our church kitchen to prepare a meal for the Open Door/Next Door Shelter downtown. Newcomers are always welcome. If interested please contact Martha Beverly (marthabevery@gmail.com).

The Discussion Group

With Pat Nelson, 1st and 3rd Saturdays
patnelson@btc-bci.com
People's Church room 6/7, 10am - noon

This group discusses a wide variety of topics, which are proposed and presented by participants. The topic presenter assembles brief reading material and sends it via e-mail to everyone on the roster several days before the meeting. There are no limitations on what type of topic may be discussed. All are welcome.

Young Adult UU Group

with Mackenzie Hatfield-Johnson
,1st and 3rd Tuesdays from 7-9pm
People's Church room L2
269-779-2111 or innerchild777@gmail.com

For everyone aged 18-35, this group enjoys fun activities and interesting discussions. Check them out on Facebook by searching for "Kalamazoo UU Young Adults".

Owning Your Religious Past

With Rev. Rachel
Longberg, minister@peopleschurch.net
Tuesdays, October 20th through November 17th
6:30 pm to 8:30 pm
People's Church room 19

In this adult religious education class, taught by Rev. Rachel, participants will explore their faith journeys through group sharing, journaling, and a little bit of drawing. This class is for adults of all ages. People who grew up in other faith traditions or no tradition and lifelong Unitarian Universalists are all invited to participate. If you have questions or would like childcare, please contact Rachel at minister@peopleschurch.net.

Book Group

with Pat Nelson, patnelson@btc-bci.com
Every 2nd Thursday from 1:30 to 3:30

Newcomers are always welcome. This group's focus is mainly on fiction. A flyer with the list of books and locations is in the church foyer.

People's Church Choir

Thursdays from 6:45-8:00pm
Jennifer Drake, jdrake@kzoo.edu or 269-373-4971
Thursdays at People's Church

New members always welcome, no experience necessary.

Childcare is available *upon request* and at no charge during these classes and groups.

If you need more information or are interested in leading or teaching an Adult Education offering, please contact Heather Barsy.
hbarsy@hotmail.com

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Chalice Circles

November 17th, 7 pm - 9 pm
Other dates and times to be decided
Christina Cusumano

These small group circles are designed to deepen connections between participants. Groups gather monthly to share their thoughts, feelings, and experiences in order to learn with, nurture and support one another. Monthly topics for sharing can vary widely and can include religious histories, personal beliefs and practices, the big questions of life, families, holidays, love, fear, joy, loss, etc... the list is endless. Please contact Diane Melvin if you are interested in joining a new Chalice Circle or training to be a convener.

Dreamwork Circle

with Lynetta Carnes, 2nd Tuesdays
6:30 – 8:30pm, People's Church room 18
lynettacarnes@hotmail.com or 269-521-3502

Learn to use Robert Moss' techniques for building your own dream dictionary, to play dream games and reenter dreams. Learn to defuse nightmares and turn them into an active ally.

Facing Life, Facing Death

Every 2nd Monday
Dana Kubinski, dbmchurch@peopleschurch.net
People's Church room L1, noon – 1:30pm

This group was formed as a response to questions and concerns about many issues associated with death and dying, loss, grief, care-giving, etc. There is generally a reading or topic to get things started, and the discussion flows from there. Newcomers are always welcome.

The Study Group

with Tim Bartik, bartik@upjohn.org or 269-806-1904
At the Fountains, every 3rd Monday at 7:30pm

The Study Group meets to discuss a wide variety of books related to religion, philosophy and science, with books chosen by members to reflect a diversity of interests in the sources and development of liberal religion.

Kaleidoscope

With Dyrk Hamilton, dyrklain@gmail.com
October 28th and then every Wednesday
(except Nov. 25th, Dec. 23, and Dec. 30th)
6:30 -8:30 pm, room 9

Kaleidoscope is a weekly group open to all adults and will resume with new formatting in Room 9. This fall the focus will be on spiritual development and personal awakening. Dyrk Hamilton will facilitate the group and draw heavily from the teachings of Eckhart Tolle. Discussions will include such topics as over-active thinking, identity attachment, the ego, and present-moment awareness. If you would like more information about Kaleidoscope or the topics being covered, please contact Dyrk Hamilton:
dyrklain@gmail.com.

Full Moon Drum

February 3, March 5, April 4, & May 3 from 8-11pm
People's Church fire pit (weather permitting) or room 9
www.fullmoondrum.com

Everyone is welcome. Some drums and other percussion instruments are provided, but bring your own if you have them. Other instruments are also welcome, such as guitar, flute, etc. You are welcome to bring poetry, stories, songs, or other creative ideas to share. Bring an open mind, a friendly smile, and a kind heart.

Childcare is available *upon request* and at no charge during these classes and groups.

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hbarsy@hotmail.com